When mind and heart are united in prayer and the soul is wholly concentrated in a single desire for God, then the heart grows warm and the light of Christ begins to shine and fills the inward man with peace and joy.—St. Seraphim of Sarov

We should thank the Lord for everything and give ourselves up to His will; we should also offer Him all our thoughts and words, and strive to make everything serve only His good pleasure.—St. Seraphim of Sarov

Prayer is a great weapon, a rich treasure, a wealth that is never exhausted, an undisturbed refuge, a cause of tranquility, the root of a multitude of blessings and their source.—St. John Chrysostom

Prayer is a conversation directly with God, being always with God, having one's soul united with Him and one's mind inseparable. A person becomes one with the angels and unites with them in perpetual praise and longing for God.—*St. Symeon of Thessaloniki*

An Orthodox Anglican Prayer Book

Adapted for Chaplaincy

Prayers and Thanksgivings

The Lord's Prayer

Our Father Who is in heaven, holy is Your Name. Your Kingdom come, Your will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from evil. *Amen*.

The Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

Nicene Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible; And in one Lord Jesus Christ, the onlybegotten Son of God; begotten of His Father before all worlds; God of God; Light of Light; Very God of Very God; begotten, not made; being of one substance with the Father; by Whom all things were made. Who, for us and for our salvation, came down from heaven, and was incarnate by the Holy Spirit of the Virgin Mary, and was made man; And was

crucified also for us under Pontius Pilate. He suffered and was buried; and the third day He rose again, according to the Scriptures; And ascended into heaven, and sits at the right hand of the Father; And He will come again with glory to judge both the living and the dead; Whose kingdom shall have no end.

And I believe in the Holy Spirit, the Lord, and Giver of Life, who proceeds from the Father; Who, with the Father and the Son together, is worshiped and glorified; Who spoke by the Prophets. And I believe One Holy Catholic and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead and the Life of the world to come. Amen.

Trisagion Prayers

Blessed is our God, now and ever, and unto ages of ages. *Amen.*

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3X)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. *Amen.*

O most-holy Trinity, have mercy on us!

O Lord, cleanse us from our sins!

O Master, pardon our transgressions!

O Holy One, visit and heal our infirmities, for Your Name's sake!

Lord, have mercy. (3X)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. *Amen.*

Our Father Who is in heaven, holy is Your Name. Your Kingdom come, Your will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from evil.

For Yours is the Kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit, one God, world without end. *Amen*.

Upon Entering a Church

I will come into Your house in the greatness of Your mercy and in fear I will worship toward Your holy temple. Lead me, O Lord, in Your righteousness because of my enemies: Make Your way straight before me, that with a clear mind I may glorify You forever, One Divine Power worshiped in three Persons: Father, Son, and Holy Spirit. *Amen*.

Upon Leaving a Church

Lord, now let Your servant depart in peace according to Your word, for my eyes have seen Your salvation, which You have prepared in the presence of all people: a light to enlighten the Gentiles and the glory of Your people Israel.

At the Icon of Christ

We reverence Your spotless icon, O gracious Lord, and ask forgiveness of our transgressions, O Christ our God. Because of Your own good will You ascended the Cross in the flesh, that You might deliver those who You had created from the bondage of the enemy. We cry aloud unto You: You have filled all things with joy, O our Savior, for You came to save the world. *Amen.*

At the Icon of the Mother of God

Tenderness springs forth from you, O Mother of God: Make us worthy of compassion. Look upon sinful people, reveal your power for ever as we hope in you and cry aloud: "Hail!" as did the Archangel Gabriel, Chief Captain of the Bodiless Powers. *Amen.*

To Our Lord Jesus Christ

You Who at every season and every hour, in heaven and on earth, are worshiped and glorified; O Christ our God, Who are long-suffering, merciful and compassionate; Who loves the just and shows mercy upon the sinner; Who calls all to salvation through the promise of blessings to come: O Lord, in this hour receive our supplications and direct our lives according to Your commandments. Sanctify our souls, hallow our bodies, correct our thoughts, cleanse our minds; Deliver us from all tribulations, evil, and distress. Compass us about with Your holy Angels: that, guided and guarded by them, we may attain to the unity of the faith and to the knowledge of Your unapproachable glory, for You are blessed for ever. *Amen.*

To St. Michael, Archangel

Holy Michael, Archangel, defend us in the day of battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; And do you, Prince of the Heavenly Hosts, by the power of God, thrust down to hell Satan and all wicked spirits who wander through the world for the ruin of souls. *Amen*.

O Prince Most Glorious, Michael the Archangel, keep us in remembrance: here and everywhere, always entreat the Son of God for us. *Amen.*

To a Patron Saint

Pray to God for me, O holy Saint *N* well pleasing to God: For I turn to you, the speedy helper and intercessor for my soul. *Amen*.

To a Guardian Angel

O Holy Guardian Angel, to whose care God, in His mercy, has committed me: Stand by me now and at my last hour; Protect me against all the powers of darkness; Defend me from all my enemies and conduct my soul to the mansions of bliss. *Amen.*

Ave Maria

Hail, Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the Fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. *Amen.*

Hail, Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the Fruit of your womb, for you have given birth to the Savior of our souls. *Amen.*

The Angelus

The Angel of the Lord declared to Mary * and she conceived by the Holy Spirit. *Hail, Mary, ...*

Behold, the handmaiden of the Lord. * Be it done to me according to Your word. *Hail, Mary, ...*

And the Word was made flesh * and dwelt among us. *Hail, Mary, ...*

Pray for us, O holy Mother of God: that we may be made worthy of the promises of Christ. Pour forth, we beseech You, O Lord, Your grace into our hearts: that we, to whom the incarnation of Your Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through Christ our Lord. *Amen*.

Hymn to the Mother of God

It is truly meet to bless you, O Mother of God, ever blessed and most pure, and the Mother of our God. More honorable than the cherubim, beyond compare more glorious than the seraphim, without corruption you gave birth to God, the Word. True Mother of God, we magnify you.

Of Repentance

Lord our God, good and merciful: I acknowledge all my sins which I have committed every day of my life, in thought, word and deed, in body and soul alike. I am heartily sorry that I have ever offended You, and I sincerely repent. With tears, I humbly pray You, O Lord: of Your mercy, forgive me all my past sins and absolve me from them. I firmly resolve, with the help of Your Grace, to amend my way of life and to sin no more: that I may walk in the way of the righteous and offer praise and glory to the Name of the Father, Son, and Holy Spirit. *Amen*.

Introductory Prayer

Glory to You, O our God, glory to You!

O God, be merciful to me, a sinner. (3X)

O Lord Jesus Christ, Son of God, by the prayers of Your most pure Mother and all the saints, have mercy on us.

Prayer of St. John Chrysostom

Almighty God, Who has given us grace at this time with one accord to make our common supplications to You and promises that when two or three gather together in Your Name, You will grant their requests: Fulfill now, O Lord, the desires and petitions of Your servants as may be most expedient for them, granting us in this world knowledge of Your truth and in the world to come, life everlasting. *Amen*.

Prayer of St. Basil the Great

We bless You, O God most high and Lord of mercies, Who ever works great and mysterious deeds for us, alorious, wonderful and numberless. Who provides us with sleep as a rest from our infirmities and as a repose for our bodies tired by labor. We thank You that You have not destroyed us in our transgressions but, in Your love toward mankind, You have raised us up, as we lay in despair: that we may glorify Your Majesty. We entreat Your infinite goodness: Enlighten the eyes of our understanding and raise up our minds from the heavy sleep of indolence. Open our mouths and fill them with Your praise: that we may unceasingly sing and confess You, Who are God glorified in all and by all, the eternal Father, the Only-Begotten Son, and the all-holy and good and life-giving Spirit: one God, world without end. Amen.

Exorcism of St. Basil the Great

O God of gods and Lord of lords, Creator of the fiery ranks, Fashioner of the fleshless powers and Artisan of heavenly things and those under the heavens, Whom no one has seen nor is able to see, Whom all creation fears: Because of his pride and disobedient service, You hurled the Commander into the dark depth of hell. Being cast down from the heights to earth with him, You cast the evil angels who fell away with him, all becoming evil demons. Grant that this, my exorcism, being performed in Your awesome Name be terrible to the Master of evil and to all his minions who have fallen with him from the heights of brightness. Drive him into banishment, commanding him to depart hence, so that

no harm might be worked against Your sealed Image. And, as You have commanded, let those who are sealed receive the strength to tread upon serpents and scorpions and upon all the power of the enemy. For Your holy Name is magnified, hymned, and glorified with fear by everything that has breath in the Kingdom of the Father, and of the Son, and of the Holy Spirit: one God, world without end. *Amen*.

Prayer of St. Francis of Assisi

Lord make me an Instrument of Your peace; Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; And where there is sadness, joy. Divine Master, grant that I may not seek To be consoled as to console; To be understood, as to understand; To be loved, as to love; For it is in giving that we receive, It is in pardoning that we are pardoned, And it is in dying that we are born to eternal life. Amen.

Lenten Prayer of St. Ephraim the Syrian

Lord and Master of my life, deliver me from the spirit of laziness, meddling, ambition, and gossip. Give me, Your servant, the spirit of prudence, humility, patience, and love. Lord and King, grant that I may see my sins and faults and not judge my brother, for You are blessed for ever and ever. *Amen*.

For the Spirit of Prayer

Almighty God, Who pours out on all who desire it the spirit of grace and of supplication: When we draw near, deliver us from cold hearts and wandering minds, that with steadfast thoughts and kindled affections we may worship You in spirit and in truth. Through Jesus Christ our Lord. *Amen*.

For the Guidance of the Holy Spirit

O God, since without You we are not able to please You, mercifully grant that Your Holy Spirit may in all things direct and rule our hearts Through Jesus Christ our Lord. *Amen.*

For the Acceptance of God's Will

Lord, I do not know what to ask of You. You know better than me what my needs are. You love more than I know how to love. Help me to see clearly my real needs which I do not see. I open my heart to You. Examine and reveal to me my faults and sins. I put all trust in You. I have no other desire than to fulfill Your will. Teach me how to pray. Pray in me. *Amen.*

For God's Help

Grant us Your help in all our duties, O Lord: In all our perplexities Your counsel, in all our dangers Your protection and in all our sorrows Your peace, for the sake of Jesus Christ our Savior. *Amen*.

Grant to us the spirit to always think and do such things as are right, we beseech You, Lord: that we, who cannot do any thing that is good without You, may be enabled by You to live according to Your will. Through Jesus Christ our Lord. *Amen.*

For God's Mercy

O God, Protector of all who trust in You, without Whom nothing is strong, nothing is holy: Increase and multiply upon us Your mercy that, being our ruler and guide, we may pass through what is temporal without losing what is eternal. Grant this, O heavenly Father, for the sake of Jesus Christ our Lord. *Amen.*

For Christian Gladness

O God, Author of the world's joy, Bearer of the world's pain: At the heart of all our trouble and sorrow, let unconquerable gladness dwell. Through our Lord and Savior Jesus Christ. *Amen.*

For Those in Enmity

We thank You, O Master, Lover of mankind, King of the ages and giver of good things, Who has destroyed the middle wall of partition of enmity and has given peace to the generation of mankind, and Who has now granted peace to Your servants: Instill the fear of You in them and establish love of one for the other; extinguish every dispute, and take away all temptation for disagreement; For You are our peace, and to You we send up glory, to the Father, and to the Son, and to the Holy Spirit, one God, world without end. *Amen*.

For Our Enemies

Lord Jesus Christ, in Your great mercy You prayed for the forgiveness of those who crucified You, and You taught us to love our enemies and to pray for those who persecute us. Lord, we pray that You forgive those who treat us unjustly and speak out against us, and that You bless them and guide them according to Your will. Take away any bitterness we may have in our hearts against them. Lord, may Your forgiveness, goodness, and love be revealed in all of us, to Your praise and glory. *Amen*.

For Grace to Forgive

Merciful God, in Whose dear Son we have redemption and especially the forgiveness of sins: Give us such strong belief in this, the only power that can abolish evil, that we will be able to forgive our enemies, and grant us grace not only to forgive, but to accept forgiveness. Through Christ the crucified. *Amen*.

For the Companionship of Christ

O blessed Christ, Who came close to Your disciples as they walked together and were sad: Come close to us as we journey along our daily way. Reveal to us the meaning of life and Yourself as our strength and companion, as You are our Lord and Savior for ever. *Amen.*

For Victory Over Temptation

Grant us, O Lord, to pass this day in gladness and peace without stumbling and without stain: that, reaching the evening victorious over all temptation, we may praise You, the eternal God, who is blessed and governs all things, world without end. *Amen.*

For Fidelity

Teach us, good Lord, to serve You as You deserve: to give and not count the cost; to fight and not heed the wounds; to toil and not seek rest; to work and not ask for any reward except knowing that we do Your will. Through Jesus Christ our Lord. *Amen*.

For Control of Speech

O God, who knows how often we sin against You with our tongues: Keep us free from all untrue and unkind words, consecrate our speech to Your service, and keep us often silent, that our hearts may speak to You and listen for Your voice. Through Christ our Lord. *Amen.*

For Those We Love

O You Who ordered this wondrous world, Who knows all things on earth and in heaven: Fill our hearts with trust in You, that by night and day, at all times and in all seasons, we may without fear commit those who are dear to us to Your never-failing love, for this life and the life to come. *Amen*.

Of a Single Person

O Blessed Lord, Who has set up for us an example of ideal purity: Strengthen me, I beseech You, when temptation besets me, and when strong passions seek to overwhelm me, that I may remain constant in virtue and innocent in thought, word and deed, doing such things only as are well-pleasing to You. Grant me growth in wisdom and understanding: that I may serve You in holiness all the days of my life. Through the intercessions of Your all-immaculate Mother and of all Your Saints, especially my patron St. N. Amen.

Of a Married Person

Listen to my humble prayer, my bountiful God, I beseech You: that I may ever feel that the married state is holy and that I must keep it holy. Grant Your grace: that I may never sin against the faithfulness and love of this marriage. Foster between us the spirit of understanding and of peace: that no strife, quarrel, or misunderstanding may arise between us. Grant us health and our daily bread so that we may serve You more. *Amen.*

Of a Widow or Widower

Lord Jesus Christ, Who, through Your mercy, resurrected the only son of the widow in Nain: I pray to You in need and all alone, putting my hope in God and asking for help. O You, Who fulfill our every need and complete everything we lack: Grant me faith, courage, love, and understanding of Your Will. Remember Your servant, *N*, in Your kingdom, always now and forever. *Amen*.

For Parents

O merciful Lord God: You have commanded and enjoined me to honor my father and mother, and You Yourself showed humble obedience to Your Father even unto death. From the depth of my soul, I fervently beseech You, O gracious Jesus Christ, my God: Hear my prayer and have mercy upon my parents, who have given birth to me and are bringing me up in Your grace and love. Protect them from all evil, harm, and sickness. Grant them health and mercifully pour forth Your bountiful blessings upon them. Bless their efforts and deeds, and have mercy on them according to Your great mercy: that, faithfully serving You, through them I also may be worthy to praise and serve You. *Amen*.

Our Father, Who is in heaven: Bless my father and mother, my guardians, and those who are in authority over me: for their love and tender care for me, and the benefits I receive at their hands. Help me, I pray You, to be respectful and obedient to them in all matters according to Your will and give me Your grace to perform all my duties carefully and faithfully, to avoid undesirable company and influence, and resist all temptation that may come my way; that I may live a sober, righteous and godly life, ever praising You and glorifying Your Holy Name. *Amen.*

Of Parents for Their Children

O God, our heavenly Father, Who loves mankind and is most merciful and compassionate: Have mercy on our children, Your servants, N, N, ..., for whom I humbly pray and commend to Your gracious protection. Be their guide and guardian in all their endeavors, O God. Lead them in the path of Your truth and draw them near to You: that they may lead a godly and righteous life in Your love and fear, doing Your will in all matters. Give them grace: that they may be temperate, industrious, diligent, devout, and charitable. Defend them against the assaults of the enemy and grant them wisdom and strength to resist all temptation and corruption of this life. Direct them in the way of salvation for the merits of Your Son, our Savior Jesus Christ, and the intercessions of His Holy Mother, and Your blessed saints. Amen.

For the Living

O Lord Jesus Christ, our God, Who in Your mercies and loving kindness regards the humble prayers of all who call upon You with their whole heart: Incline Your ear and hear now our prayer, offered to You in humility. Be Mindful, O Lord, of Your Holy, Universal and Apostolic Church: Confirm and strengthen her; Increase her and keep her in peace; Preserve her unconquerable forever. Be mindful, O Lord, of our bishop, *N*, and all bishops, priests, deacons, and clergy of the Church, which You established to feed the flock with Your word, and by their prayers have mercy upon us and save us sinners. Be mindful, O Lord, of all civil authorities, of our armed forces, of this city in which we reside, and of every city and country:

Grant them peaceful times: that we, in their tranquility, may lead a calm and peaceful life in all godliness and sanctity. Be mindful, O Lord, of our parents, of our brothers and sisters, of relatives, and of friends: Grant that they may have mercy, life, peace, health, salvation and visitation, pardon and remission of their sins; that they may ever praise and glorify Your Holy Name. Be mindful, O Lord, of those who travel by land, by sea and by air, of the old and young, the sick, the suffering, those in sorrow, the afflicted, the captives, the needy, and the poor: Send forth Your mercies upon all of them, for You are the Giver of all good things. Be mindful also, O Lord, of us, Your humble servants: Grant us Your grace; that we may be diligent and faithful, avoiding evil company and influence, resisting temptation; that we may lead godly and righteous lives, blameless and peaceful, ever serving You; that we may be counted worthy of entering the Kingdom of Heaven. Amen.

Before a Journey

O Lord Jesus Christ our God, the true and living Way: Be my companion, guide, and guardian during my journey, O Master. Deliver and protect me from all danger, misfortune, and temptation: that, being so defended by Your Divine power, I may have a peaceful and successful journey, and arrive safely at my destination. For in You I put my trust and hope, and to You, together with Your Eternal Father, and the All-holy Spirit, I ascribe all praise, honor, and glory: one God, world without end. *Amen*.

In Time of Trouble

O God, our help and assistance, Who are just and merciful, and Who hears the supplications of Your people: Look down upon us miserable sinners with mercy and deliver us from this trouble that besets us, which we know we are deservedly suffering. We acknowledge and believe. O Lord, that all trials of this life are given by You for our chastisement when we drift away from You and disobey Your commandments. Do not deal with us after our sins, but according to Your bountiful mercies, for we are the work of Your hands and You know our weakness. Grant us. we beseech You, Your divine helping grace, and endow us with patience and strength to endure our tribulations with complete submission to Your Will. You know our misery and suffering, and to You, our only hope and refuge, we flee for relief and comfort, trusting in Your infinite love and compassion: that in due time, when You know best. You will deliver us from this trouble and turn our distress into comfort, when we shall rejoice in Your mercy, and exalt and praise Your Holy Name, O Father, Son, and Holy Spirit: one God, world without end. Amen.

For God's Protection

O Almighty and most merciful God: of Your bountiful goodness keep us, we beseech You, from all things that may hurt us; that we, being ready both in body and soul, may cheerfully accomplish those things which You command. Through Jesus Christ our Lord. *Amen.*

We beseech You, Almighty God: Look upon the hearty desires of Your humble servants and stretch out the right hand of Your Majesty to be our defense against all our enemies. Through Jesus Christ our Lord. *Amen.*

Against Demonic Influence

Almighty God, Who delivered Your people from the bondage of the adversary and through Your Son cast down Satan like lightning: Deliver us also from every influence of unclean spirits. Command Satan to depart far from us by the power of Your only-begotten Son. Rescue us from demonic imaginings and darkness. Fill us with the light of the Holy Spirit: that we may be guarded against all snares of crafty demons. Grant that an angel will always go before us and lead us to the path of righteousness all the days of our life, to the honor of Your glorious Name: Father, Son and Holy Spirit, now and forever. *Amen.*

Toward the Unknown

O Lord, You who steadied the hand of Peter as he began to sink on the stormy sea: If you are with us, no one is against us. Grant to us the shield of faith and the mighty armor of the Holy Spirit to protect us and guide us to do Your will. The future we put into Your hands, O Lord, and we follow You to a life in Christ. *Amen.*

For Aid Against Perils

Lighten our darkness, we beseech You, O Lord, and by Your great mercy defend us from all perils and

dangers, for the love of Your only Son, our Lord and Savior, Jesus Christ. *Amen.*

Lord of the Powers

Lord of the Powers be with us, for in times of distress we have no other help but You. Lord of the Powers, have mercy on us.

In Time of War

O Lord God of hosts, God of our salvation, who alone does wonders: Look upon Your humble servants in mercy and bounty and, in Your love for mankind, hear us and have mercy on us, for our foes are gathered against us to destroy us and to bring ruin to our sanctuaries. Help us, O God our Savior, and deliver us, for the glory of Your Name's sake, and let the words spoken by Moses to the Israelite people be applied to us: "Stand fast and see the salvation of the Lord ... The Lord shall fight for you." Ex 14:13-14. Yea, Lord God, our Savior, our strength, our hope and protection: Do not remember the lawlessness and unrighteousness of Your people, nor turn away from us in Your wrath; but in Your mercies and bounties visit Your humble servants who prostrate themselves before Your loving-kindness; Rise to our aid and grant our warriors to triumph in Your Name; and forgive the transgressions of those whom You have called to lay down their lives in battle, and on the day of Your just retribution bestow upon them crowns of incorruption; For You are the Protection and Victory and Salvation of those who hope on You, and to You we send up glory, to the Father, and to the Son and to the Holy Spirit, one God, world without end. Amen.

For Peace

Almighty God and Creator, You are the Father of all people on the earth. Guide, I pray, all the nations and their leaders in the ways of justice and peace. Protect us from the evils of injustice, prejudice, exploitation, conflict, and war. Help us to put away mistrust, bitterness and hatred. Teach us to cease the storing and using of implements of war. Lead us to find peace, respect, and freedom. Unite us in the making and sharing of tools of peace against ignorance, poverty, disease, and oppression. Grant that we may grow in harmony and friendship as brothers and sisters created in Your image, to Your honor and praise. *Amen.*

For Unity of the Church

O All Holy Trinity, Father, Son and Holy Spirit: We, Your faithful children, beseech You to forgive us the sin of divisiveness, which is rooted in our hearts, our dioceses, and land. Implant in our lives the holy vine of unity which only You can bestow on those who have come together in Your Name; Enlighten us with Your grace so that we may come to the knowledge of Your truth and move our hearts to respond with trust and total obedience to Your divine will. Through the intercessions of the God-inspired Holy Fathers of the First Ecumenical Council at Nicea, who in harmony decreed that there should be one hierarch in each city serving Your faithful as a loving father over his children, one shepherd over a united flock: We also praise Your all-holy Name. O Father Who is without beginning, O Son Who is eternal and O Holy Spirit, the life-creator: Illuminate the way and guide us all to once again unite Your Holy Church. Amen.

For the Lonely

Have compassion, O most merciful Lord, on all who are lonely and desolate. Be their Comforter and Friend: Give them such earthly solace as You see best for them and bring them to the fuller knowledge of Your love for the sake of Jesus Christ our Lord. *Amen.*

For Those Who Mourn

Almighty God, Father of mercies and giver of all comfort: Deal graciously, we pray You, with all those who mourn that, casting every care on You, they may know the consolation of Your love. Through Christ our Lord. *Amen.*

For Those Who Minister to the Wounded and Sick

O merciful God, Whose blessed Son went about doing good: Uphold with Your strength and grace those who do service to the wounded and the sick; Grant to the ministers of Your Gospel faithfulness and love, to the physicians and surgeons wisdom and skill, to the nurses sympathy and patience; and we beseech You to protect and bless them in all dangers, anxieties, and labors. Through Jesus Christ our Lord. *Amen*.

Before Commencing Any Task

Almighty God, our Help and Refuge, Fountain of wisdom and Tower of strength, Who knows that I can do nothing without Your guidance and help: Assist now, I pray You, and direct me to divine wisdom and power, that I may accomplish this task and whatever I may undertake to do, faithfully and diligently, according to Your will, so that it may be profitable to myself and

others, and to the glory of Your Holy Name. For Yours is the kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit: one God, world without end. *Amen*.

After Any Task

Thank You, Lord, for Your strength and guidance in my work. You are the fulfillment of all good things. Fill also my soul with joy and gladness, that I may praise You always. *Amen*.

Thanksgiving

O Lord, our Savior and our Master, we, Your unprofitable servants, with fear and trembling, give thanks to Your loving goodness for all Your benefits which You have poured so abundantly upon us, Your servants. We fall down in adoration before You and offer You, O god, our praises; with fervor we cry to You: O God, deliver us from now on from all adversities and mercifully fulfill in us such of our desires as may be expedient for us. Hear us, we entreat You, and have mercy, for You are the Hope of all the ends of the earth, and unto You, with the Father, and the Holy Spirit, be ascribed glory, one God, world without end. *Amen.*

We praise You, O God of our Fathers, we hymn You, we bless You, we give thanks to You for Your great and tender mercy. To You we flee, O merciful and mighty God. Shine into our hearts with the True Sun of Your righteousness. Enlighten our minds and keep all our senses: that from now on we may walk uprightly and keep Your commandments, and may finally attain to eternal life, even to You, Who are the

source of life, and be admitted to the glorious fruition of Your inaccessible Light. For You are our God, and unto You, O Father, Son and Holy Spirit, be ascribed glory, one God, world without end. *Amen*.

Thanksgiving after Deliverance from Trouble

Almighty and merciful God: I most humbly and heartily thank Your divine Majesty for Your loving kindness and tender mercies, that You have heard my humble prayer and graciously delivered me from my trouble and misery. Grant me, I beseech You, Your helping grace: that I may obediently walk in Your holy commandments and live a godly, righteous and sober life, ever remembering Your mercies and the blessings You have undeservedly bestowed upon me; that I may continually offer to You the sacrifice of praise and thanksgiving, O Father, Son, and Holy Spirit. *Amen.*

Thanksgiving for Recovery

O Lord Jesus Christ, the Life and Strength of all who put their trust in You, Whose mercies are without number, and the treasury of Whose goodness is infinite: We give You thanks for the blessings which You have bestowed upon Your servant, *N*, and we humbly ask You to continue Your goodness towards us. And as You have been pleased to restore Your servant to *his* bodily health, so endue *his* soul with all heavenly graces and perseverance in good works, and prepare us by Your blessings in this life for the enjoyment of eternal happiness in the life to come, for unto You are due all glory, thanksgiving and worship, with Your unoriginate Father; and Your all-holy, good and life-creating Spirit, one God, world without end. *Amen*.

Thanksgiving for Recovery from Sickness

O God, Who is the Giver of life, of health, and of safety: We bless Your Name, that You have been pleased to deliver from his bodily sickness this Your servant, who now desires to return thanks to You in the presence of all Your people. You are gracious, O Lord, and full of compassion to Your children. May his heart be duly impressed with a sense of Your merciful goodness and may he devote the remainder of his days to a humble, holy, and obedient walking before You. Through Jesus Christ our Lord. Amen.

Thanksgiving for a Child's Recovery

Almighty God and heavenly Father: We give You humble thanks that You have been graciously pleased to deliver from *his* bodily sickness the child on whose behalf we bless and praise Your Name in the presence of all Your people. Grant, we beseech You, O gracious Father: that *he*, through Your help, may both faithfully live in this world according to Your will and may be a partaker of everlasting glory in the life to come. Through Jesus Christ our Lord. *Amen*.

Thanksgiving for Relief Through an Operation

Almighty God, Who casts down that You may lift up and wounds unto healing, Who looses and again binds up: We thank You that You have not seen fit to give Your servant, *N*, over unto death, but have shown Your compassion upon *him* and have preserved and corrected *him* and helped *him* in *his* misery. Mercifully look down, we ask You, upon this Your servant, *N*, to whom You have granted ease and relief, and grant that the chastisement of *his* body may avail for the purifying

of *his* soul, that the good work begun in *him* may be fulfilled in Your good pleasure, and that *he* may be brought to everlasting life through the grace of Your Only-begotten Son, with whom You are blessed, and Your All-holy Spirit, one God, world without end. *Amen*.

Thanksgiving for the Church

O God, Whose glory fills the skies: I laud and praise Your holy Name for all the blessings in Your holy Church. I bless You for the gifts of faith, knowledge, and of a whole mind; for the grace of membership, and the joy of fellowship. May the operation of Your Sacraments so knit us all to You in grace: that we may be able without fear or hesitation to behold Your wonders. Through Jesus Christ our Lord. *Amen.*

An Act of Praise

To God the Father, Who first loved us and made us accepted in the Beloved; To God the Son, Who loved us and washed us from our sins; To God the Holy Spirit, Who sheds the love of God abroad in our hearts: Be all love and all glory, for all time and for eternity. *Amen.*

Benedictions

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. *Amen*.

The Lord bless us and keep us. The Lord make his face to shine upon us, and be gracious unto us. The Lord lift up his countenance upon us, and give us peace, now and for evermore. *Amen*.

Daily Dismissals

Sunday

May He Who rose from the dead, Christ our true God, through the prayers of his most pure Mother; of the holy glorious and all-laudable Apostles; [of St. *N*, whom we commemorate today;] of the holy and righteous Ancestors of God, Joachim and Anna; and of all the Saints: have mercy on us and save us, for He is good and loves mankind.

Monday

May Christ our true God, through the prayers of His most pure Mother; by the protection of the honorable bodiless powers of heaven; [of St. *N*, whom we commemorate today;] of the holy and righteous Ancestors of God, Joachim and Anna; and of all the Saints: have mercy on us and save us, for He is good and loves mankind.

Tuesday

May Christ our true God, through the prayers of His most pure Mother; of the honorable and glorious Prophet, Forerunner, and Baptist John; [of St. *N*, whom we commemorate today;] of the holy and righteous Ancestors of God, Joachim and Anna; and of all the Saints: have mercy on us and save us, for He is good and loves mankind.

Wednesday and Friday

May Christ our true God, through the prayers of His most pure Mother; by the power of the precious and life-creating Cross; of the holy, glorious, and all-laudable Apostles; [of St. *N*, whom we commemorate today;] of the holy and righteous Ancestors of God, Joachim and Anna; and of all the Saints: have mercy on us and save us, for He is good and loves mankind.

Thursday

May Christ our true God, through the prayers of His most pure Mother; of our father among the saints, Nicholas the Wonderworker, Archbishop of Myra in Lycia; [of St. *N*, whom we commemorate today;] of the holy and righteous Ancestors of God, Joachim and Anna; and of all the Saints: have mercy on us and save us, for He is good and loves mankind.

Saturday

May Christ our true God, through the prayers of His most pure Mother; of the holy, glorious, and right-victorious martyrs; [of St. *N*, whom we commemorate today;] of the holy and righteous Ancestors of God, Joachim and Anna; and of all the Saints: have mercy on us and save us, for He is good and loves mankind.